iCEV Human Growth & Development

Knowledge and Skill Statement	Student Expectation	Breakout	iCEV Citation			
			Narrative/Activity	Type of Citation (New Content/New Citation)	Lesson Name	New Location
(2) The student understands historical, theoretical, and research perspectives of human growth and development throughout the lifespan. The student is expected to:	(C) summarize how historical theories influence modern theories of human development;	(i) summarize how historical theories influence modern theories of human development	Activity	New Content	Human Developmental Theories	Project-Developmental Theories Visual
(3) The student understands the importance of prenatal care in the development of a child. The student is expected to:	(A) describe nutritional needs prior to and during pregnancy;	(i) describe nutritional needs prior to pregnancy	Activity	New Content	Prenatal Care	Project-A Beginner's Guide to Pregnancy
(4) The student understands the development of children ages newborn through two years. The student is expected to:	(C) investigate the influences of the family and society on the infant and toddler;	(i) investigate the influences of the family on the *infant*	Activity	New Content	Human Development: Infants	Project-Infant Development Timeline
(7) The student understands the development of adolescents ages 12 through 19 years. The student is expected to:	(A) analyze the biological and cognitive development of adolescents;	(i) analyze the biological development of adolescents	Activity	New Content	Human Development: Adolescents	Project-Changes Pamphlet
(12) The student explores career opportunities available in education and training and human services. The student is expected to:	(C) identify effective methods for securing part-time or entry-level employment in positions that prepare students for careers in education and training or human services.	(i) identify effective methods for securing part-time or entry-level employment in positions that prepare students for careers in education and training or human services	Activity	New Content	Careers in Human Growth and Development	Project-Dream Job

Developmental Theories Visual

Project Overview:
In groups of three or four, you will create a visual to illustrate how developmental theories identify and explain human growth, development, learning and behavior for a specific life stage.

Directions:

1. Your instructor will divide the class into groups of three or four and assign each group one of the following life stages:
   - Infants
   - Preschoolers
   - Middle childhood
   - Adolescents
   - Early adulthood
   - Middle adulthood
   - Late adulthood

2. Using available resources, research further details about different human developmental theories and identify human developmental theories which apply to your assigned life stage.

3. Identify and explain how historical theories influence modern theories of development for your assigned life stage.

4. Label each theory including the name of the theorist. Identify how your chosen theories help explain developmental stages, learning and behavior.

5. Using paper or electronic resources, create a visual to illustrate how developmental theories explain the biological, emotional, social and cognitive development of your assigned life stage.

6. Once complete, submit your project according to your instructor's directions.

Developmental Theories Visual

Rubric

Description	Possible Points	Your Score
Research & Organization: • Proper research was conducted to complete the assignment • Sources were cited appropriately based on instructions provided • Information was presented in a logical organized manner	35	
Concept & Understanding: • Understanding of the concept is clearly evident • Effective strategies were used to achieve the end product • Logical thinking was utilized to arrive at the conclusion	35	
Creativity/Craftmanship: • End product is unique and reflects the student's or group's individuality • End product is clearly high quality	15	
Production/Effort: • Class time provided for the project was used efficiently • Time and effort are evident in the execution of the end product	15	
Total Points	100	

Additional Comments:

A Beginner's Guide to Pregnancy

Project Overview:
You will conduct research to create a brochure outlining basic pregnancy information.

Directions:

1. Using available resources, you will research and create a brochure titled "A Beginner' s Guide to Pregnancy". The brochure should cover the following topics:
   - Overview of the three trimesters
   - Calculating due dates
   - Medical practices prior to and during pregnancy
   - Reasons for medical care prior to and during pregnancy
   - Healthy weight gain
   - Health practices prior to and during pregnancy
   - Proper nutritional needs prior to pregnancy
   - Proper nutrition during pregnancy
   - Quality prenatal care
   - Things to avoid during pregnancy

2. The brochure should consist of at least six panels and be targeted toward first-time pregnant individuals.

3. Attach a citation sheet listing all sources used.

4. Once complete, submit your project according to your instructor's directions.

A Beginner's Guide to Pregnancy

Rubric

Description	Possible Points	Your Score
Research & Organization: • Proper research was conducted to complete the assignment • Sources were cited appropriately based on instructions provided • Information was presented in a logical organized manner	35	
Concept & Understanding: • Understanding of the concept is clearly evident • Effective strategies were used to achieve the end product • Logical thinking was utilized to arrive at the conclusion	35	
Creativity/Craftmanship: • End product is unique and reflects the student's or group's individuality • End product is clearly high quality	15	
Production/Effort: • Class time provided for the project was used efficiently • Time and effort are evident in the execution of the end product	15	
Total Points	100	

Additional Comments:

Infant Development Timeline

Project Overview:
You will create a timeline to track infant physical, cognitive, emotional and social development. You will also include an explanation of how developmental theories apply to infant development.

Directions:

1. Your instructor will divide the class into groups of two to three. You will choose or be assigned one of the following time frames for an infant's first year.
   - Zero to three months
   - Four to six months
   - Seven to nine months
   - Ten to 12 months

2. Using all available resources, research the infant developmental milestones for your assigned time frame in all areas of development: physical, cognitive, emotional and social.

3. In addition, choose one of the developmental theories to further investigate how the ideas relate to infant development:
   - Abraham Maslow - Hierarchy of Needs
   - Jean Piaget - Theory of Cognitive Development
   - Robert Havighurst - Developmental Task Theory
   - Erik Erikson - Eight Stages of Psychosocial Development

4. With your research, create a timeline which includes the following:
   - A title (your assigned time frame)
   - Three developmental milestones in each area of development: physical, cognitive, emotional and social
   - An explanation of how at least four developmental milestones are influenced by an infant's family
   - An explanation of how your chosen developmental theory applies to infant development
   - At least three images or graphics
   - A citation sheet listing any sources used

5. Once complete, submit your project according to your instructor's directions.

Infant Development Timeline

Rubric

Description	Possible Points	Your Score
Research & Organization: • Proper research was conducted to complete the assignment • Sources were cited appropriately based on instructions provided • Information was presented in a logical organized manner	30	
Concept & Understanding: • Understanding of the concept is clearly evident • Effective strategies were used to achieve the end product • Student included all required assignment components: – title – three developmental milestones in each area of development: physical, cognitive, emotional and social – explanation of how the developmental theory applies to infant development – three or more images or graphic	40	
Creativity/Craftmanship: • End product is unique and reflects the student's or group's individuality • End product is clearly high quality	15	
Production/Effort: • Class time provided for the project was used efficiently • Time and effort are evident in the execution of the end product	15	
Total Points	100	

Additional Comments:

Changes Pamphlet

Project Overview:
You will develop a pamphlet discussing the biological development that occurs in adolescents.

Directions:

1. Develop an informative pamphlet about changes adolescents face biologically.

2. The pamphlet should be at least two pages and will include:
   - At least three biological changes adolescents experience
   - At least three emotional changes adolescents experience
   - Five tips for how parents, teachers and peers may help adolescents cope with the changes that occur
   - A list of helpful websites which could be visited to help adolescents understand puberty and the changes which occur

Changes Pamphlet

Rubric

Description	Possible Points	Your Score
Research & Organization: • Proper research was conducted to complete the assignment • Sources were cited appropriately based on instructions provided • Information was presented in a logical organized manner	35	
Concept & Understanding: • Understanding of the concept is clearly evident • At least three physical changes adolescents experience • At least three emotional changes adolescents experience • Five tips for how parents, teachers and peers may help adolescents cope with the changes that occur • Effective strategies were used to achieve the end product • Logical thinking was utilized to arrive at the conclusion	35	
Creativity/Craftmanship: • End product is unique and reflects the student's or group's individuality • End product is clearly high quality	15	
Production/Effort: • Class time provided for the project was used efficiently • Time and effort are evident in the execution of the end product	15	
Total Points	100	

Additional Comments:

Dream Job

Project Overview:
You will use a self-assessment to research a career of interest in human growth and development, then write a report on your findings.

Directions:

1. You will take a self-assessment selected by your instructor.

2. After reviewing the results, you will research a career within the human growth and development field which interests you.

3. Identify a job opening for your chosen career on a job listing site.

4. You will then write a report compiling your research. Your report will include:
   - Tips for resume writing
   - Tips for successful job interviews
   - Job title
   - Educational requirements
   - Job duties
   - Salary
   - Benefits
   - Entrepreneurial opportunities

5. Submit your report according to your instructor's directions.

Dream Job

Rubric

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Additional Comments: