

# Arrest Procedure Simulation

*This activity was developed based on the lesson created in collaboration with a former law enforcement officer and former law enforcement high school instructor. We recognize the sensitivity of this subject matter. Please utilize this activity at your own discretion.*

## Directions:

1. With a partner, research handcuffing techniques and positions which officers perform during the arrest procedure. Be sure to research the following information:
  - Proper handcuffing techniques
  - Officer and arrestee positions
  - How these techniques are used to protect officer and arrestee's safety
  - How officers can avoid assault from arrestee
  - How officers can avoid arrestee escaping
  - Mistakes officers commonly make during arrest procedure
2. With your partner, demonstrate the following arrest positions followed by handcuffing procedure. Be sure to use proper techniques. One person should act as the police officer and the other should play the arrestee.
  - Arrestee with their back to the officer and hands on the wall
  - Arrestee on their knees
  - Arrestee lying on the ground
  - Arrestee facing officer
4. Once you have completed each position, switch roles with your partner and repeat.
5. With your class, discuss these positions and techniques and how they are used.